

Alaska has mumps!

Be sure your
vaccinations
are up to date.

you may
need a third
dose of MMR.

MMR
 Measles
 Mumps
 Rubella

Keep watch
for symptoms like
cheek swelling, fever,
sore throat, even
testicular swelling.

Contact a health care
provider if you
experience symptoms.



mumps.dhss.alaska.gov

