

ABOUT Alaska Crossings



Alaska Crossings is a wilderness behavioral health program dedicated to helping youth learn and develop the skills they need to be successful in their home, school and community. The average stay is approximately 2 months.

Alaska Crossings believes that combining therapeutic interventions with outdoor and expeditionary activities provides a powerful catalyst for engaging in the process of change.

A typical program experience is comprised of at least two of our three expedition types: canoeing on the ocean, river paddling, and mountaineering. Therapeutic Behavioral Health Clinical Associates, or guides, mentor and build positive relationships with participants as they learn to access personal strengths and abilities.

We at Alaska Crossings believe family involvement supports long lasting change. Case managers work with each participant and their families to help coordinate, and advocate for any needed services that will help the youth and families succeed in the future.



a program of Alaska Island Community Services

ALASKA CROSSINGS

PO Box 1231
Wrangell, AK 99929

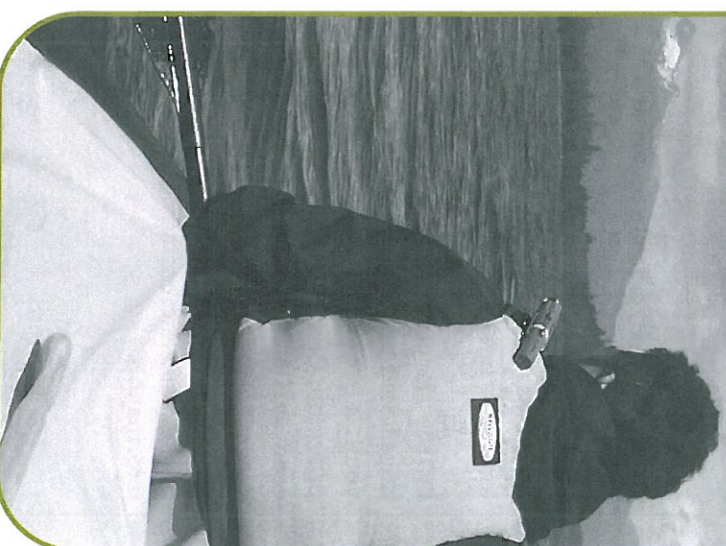
Phone: 907-874-2371
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ALASKA CROSSINGS

2016

**WILDERNESS
BEHAVIORAL
HEALTH
for teens**



ALASKA CROSSINGS 2016!

OPEN ENROLLMENT! Alaska

Crossings is offering weekly admission as space is available April through October 2016.



HOW TO APPLY: Go online to

www.alaskacrossings.org to download our preliminary screening forms and release of information, or call or email our Intake Coordinator.

COST: The cost of the program varies

depending on the duration that the youth is in our care and the services provided. Cost of services may be covered by Alaska Medicaid or private insurance. Please contact our Intake Coordinator at toll free 866-550-2371 or intake@alaskacrossings.org for more information.

Who Can Apply

Below is a list of some of the issues that a participant may struggle with upon entering the program:

- Suffering from Attention-Deficit / Hyperactivity Disorder
- Depression
- FASD/FAE issues
- Impulsive or hyperactive
- Struggling with attachment disorders
- Recovering from sexual, emotional, or physical abuse
- Having problems with anxiety
- Abusing alcohol or drugs
- Beyond parental control
- Rebellious, angry, defiant (Oppositional Defiance Disorder)
- Low self-esteem
- Failing in school grades and attendance
- Suspended or expelled from school
- Running away
- Choosing the wrong friends
- Struggling to achieve in school



Testimonials

“Alaska Crossings was awesome! He came back with a lot more respect, a lot better attitude, appreciates what he has a lot more than before and doesn't argue nearly as much. **He is excited about school again and other activities that he was withdrawing from before.**” -*Mother of 13-year-old boy*

HOLY COW! What have you done to my daughter! **She has completely transformed** from a brooding, angry, mean, violent pre-teen.....to a beautiful, excited, respectful, responsible, mature young woman! - *Mother of 12 year old girl*

HI MOM/DAD!!! If you haven't noticed right there I am **HAPPY** at the time of writing this letter! Now I realize the point [of life] is to make your own! **NOW I LOVE LIFE, I STILL LOVE YOU, AND THE WORLD IS BEAUTIFUL!**- *15 year old boy in a letter home to his parents*

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