

**Steller's Junior Trip
Alaska SeaLife Center
Seward, Alaska
August 19th-20th, 2015**

We will be taking a field trip to Seward on THE FIRST DAY OF SCHOOL! Please show up prepared so you can have fun and join us. You need to bring all of the following items to the first day of school. You will NOT be going home before we leave so arrive prepared. We will leave Steller at approximately 1:30pm on Wednesday and will return to Steller at approximately noon on Thursday.

You should be wearing:

- Comfortable shoes with good traction for walking outdoors (no sandals)
- Comfortable, layered clothing that is appropriate for the outdoors

In a bag you can easily carry yourself you should have:

- Sleeping bag and pad
- Pajamas/overnight clothing
- Clothing for next day – comfortable, active, and appropriate for outdoors (don't forget socks and underwear)
- Toiletries – toothbrush, toothpaste, eyeglasses/contact solution, etc. (do not plan to shower)
- Rain jacket
- pillow (optional)
- headlamp or flashlight (optional)
- snacks (dinner and breakfast will be provided but there will not be opportunities to buy other food)

Medication:

If you have medication that must be taken during the trip, an inhaler, or an EpiPen it is important that you fill out and notarize the form on the back and give your medication to Nurse Annette before the field trip. Medication must be in the original container with the student's name and RX label on the bottle and only bring the dosage needed.

We are looking forward to a great start to the 2015-2016 school year and a great start to your junior year!