

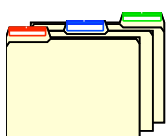


# Ole Steller Yeller

October 12, 2010

## Welcome to Student-Led Conferences!

On October 27th and 28th, Steller will be holding student-led conferences for all students. Student-led conferences are a chance for parents and students to meet with advisors to discuss student's successes and struggles at the beginning of the new school year. The staff at Steller feels that student-led conferences will benefit all students by opening up lines of communication between parents, students, and the advisor. We will be holding a second set of conferences in February to check back in with families and students. We believe that student involvement in the conferences makes learning active, provides opportunities for students to self-reflect and evaluate their performance, and encourages students to accept responsibility for their learning.



To prepare for the conferences, students will create a portfolio representing work from all of their classes during the first quarter of school. The students will conduct the conference detailing skills and processes learned, and share goals they have set to further improve themselves. Students will be taught how to select representative work, how to write self-reflective evaluations, and how to diagnose their own strengths and weaknesses. It is critical that your child is present to lead his/her conference.



Conferences will be scheduled on Wednesday October 27 from 12:30 to 3:30 and 4:30 to 7:00. The same schedule will take place on Thursday the 28th of October. Students will be dismissed at 11:45 on both days. A twenty-five minute time block will be scheduled with your family in advance for the student-led conferences.

Scheduling options will be sent home through advisors. The advisor will be present to support students and parents during their conference, but the students will be leading the conference.

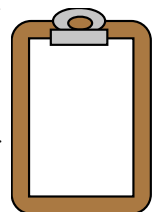
Advisors, students, and parents all play important roles in the student-led conferences. The following are some tips to help parents feel better prepared.

### Before the conference:

- ∞ Confirm a conference time that works for you and your family
- ∞ Make a list of questions to bring with you to the conference
- ∞ Arrive on time with your child

### During the conference:

- ∞ Listen to your child and offer encouragement
- ∞ Ask follow-up questions to help your child reflect on his/her learning
- ∞ Take notes to help remind you of possible discussion points



### After the conference:

- ∞ Schedule an additional conference if you feel you need more time or further clarification or wish to meet with a specific classroom teacher
- ∞ Remember to fill out an evaluation about your conference to help us improve our implementation

Thank you in advance for supporting your child's education in such an important way.

## Dear Parents/Guardians of Eleventh Grade Students,

The Anchorage School District will be giving 11<sup>th</sup>-graders the nationally standardized ACT **WorkKeys** assessments in three entry-level academic skills that employers find most value:

- ∞ **reading for information**
- ∞ **applied mathematics**
- ∞ and **locating information**

The ACT Company has done extensive research on thousands of occupations to find the skills that successful employees actually use on the job. Students with these academic skills are more prepared to learn specific skills on the job and to succeed in training after high school. **WorkKeys** can help students see the connection between their high school classes and their futures.

Students *may* receive a nationally recognized credential. This **National Career Readiness Certificate (NCRC)** documents their achievement in the three skills areas mentioned above. **NCRCs** and score reports can be shown to prospective employers and listed on resumes' and job applications. Many employers nationwide now look for career readiness certificates.

**WorkKeys** assessments use a scoring system of 3 to 6 or 7, depending on the test. The higher the student's skill level, the more jobs he or she will be better prepared to enter.

ACT awards National Career Readiness Certificates at four levels. Students who score at least 6 on all three **WorkKeys** assessments receive the **Platinum Credential**. Those whose lowest score is 5 on any of the three assessments receive the Gold Credential. Students whose lowest score is 4 on any test receive the Silver Credential, and those whose lowest score is a 3 on any test receive the Bronze Credential.

Parents can use **WorkKeys** as an opportunity to talk to their students about career interests, the skills that employers look for, and the relevance of school to future employment. For more information about **WorkKeys** you can go to [www.act.org/workkeys](http://www.act.org/workkeys).

**WorkKeys** can become a valuable piece of the puzzle for students as they examine their career goals. Preparing for the National Career Readiness Certificate helps students define career goals and build the skills that employers and post-high school training programs want to see.

Here are some other ways you can help your student explore the future:

- ∞ Talk about your own job and how you decided on your occupational area. Ask family members and friends to share their educational and work experiences with your student.
- ∞ Ask your student about his/her interests and abilities.
- ∞ Point out examples of occupations you encounter in daily life, such as teacher, pharmacist, construction worker, dental hygienist, office worker, plumber, carpet layer, sales person, tour guide, chef, welder, ship worker, truck driver, real estate agent, banker, store clerk, fast food worker, utility worker, receptionist, etc.
- ∞ Talk to your student about broad career areas and the variety of occupations that fall under an area. For example if your child is interested in healthcare, there is an assortment of occupations with varying levels of training that he or she might consider, such as pharmacist, x-ray technician, doctor, medical receptionist, dental hygienist, nurse, physician assistant, physical therapist, dentist, medical billing specialist, pharmacy technician, dietician, and many more.
- ∞ Encourage your student to talk to his/her school guidance counselor or career resource advisor for more information on career & technical high school and college programs, apprenticeships, occupational certificates, and 2 and 4-year degrees.

Parents and students please remember, as with all standardized tests, **students are not allowed to have any electronic device on their person** during this test. It would be best if they could leave all such items at home for the duration of the testing period. The stakes are very high for these exams and it would be a tragedy if anyone's test should be invalidated due to possession of one of these devices.

As time draws near I will keep you posted of any changes that should occur.

Harlod Green  
Principal/Steller Secondary

## The Staff Corner

**“Steller is a student centered educational setting where students are empowered to work as equal partners with faculty and parents to realize educational goals”.**

*-Steller Secondary School Strategic Plan 2006*

Steller Secondary is a unique educational setting within the Anchorage School District. Unfettered by the confines of our physical building, our students are able to work with parents, advisors and teachers to take full advantage of learning opportunities throughout the community. Rarely do our students hear the words “oh, you can’t do that here”. Advisors work hard to help students pursue their interests and to earn credits toward graduation in a meaningful way.

Many Steller students have chosen to enhance their learning by taking courses offered at other schools, including AP coursework or advanced music study at neighboring high schools, mathematics beyond Calculus at local universities and participation in the APU Early Honors Program. Steller has been represented at APU since the first year of its program and this year we have four seniors enrolled there.

Our juniors and seniors taking part in the ASD’s Gifted Mentorship Program are scattered throughout

the Anchorage community in a variety of mentorships from *Yoga as Therapy* to *ER Medicine* with professions and artisans from many fields of interest. This up-close and personal look at the realities of career life has helped many students decide whether to pursue their interest beyond Steller and to make valuable contacts in the community.

Here on campus students have taken the initiative to form the Steller Ecological Society to steward the Steller Peace Garden through it’s growing season! The Society worked over the summer to maintain the garden, harvested the bounty, set up sales at local farmers’ markets and donated proceeds to Kid’s Kitchen. The Saturday Market Blue Ribbon for the Purple Vegetable contest resides at Steller! The Ecological Society is but one of many thriving “clubs” here on campus.

Students stretch in so many ways as a result of being a “Steller” student; we have fun, successful, educational peer taught classes; we have peer coaches in math, Spanish, and other disciplines where students volunteer their time during lunch and period 7 to assist classmates with their studies; and our 8<sup>th</sup> grade seminar program relies heavily on student coaches who work closely with their charges and model a love of learning that inspires.

**Here at Steller we *can* and we *do*.**

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The 10th Grade Class is holding a Garage Sale on both Oct. 27th and Oct. 28th (the days of conferences) in order to raise funds for its future endeavors. We are in need of donations, so if you are in possession of anything that you no longer need, please bring the items into Steller. There is a cart in the office for any donations. Examples of suitable donations include:

- Nice clothing (nothing torn, ragged, or holey)
- Electronics (that still work)
- Art that’s been collecting dust in your attic
- Games/Toys (preferably not missing half of their pieces)
- Anything else that you don’t need anymore, but someone else might

Thank you for any donations!



## Counselor's Corner

### Steller and Barnes & Noble Celebrate Banned Books Week 2010

Steller Secondary School and Barnes and Noble celebrated the American Library Association's annual Banned Books Week by hosting its fourth annual "Banned Books Read-Out-Loud" at Barnes and Noble on Saturday, October 2, 2010.

Steller Secondary School each year celebrates this freedom to read by focusing special attention on those books, many of which are literary classics, that have been banned or threatened throughout our country's recent and past history. The Read-Out is a great opportunity to remind ourselves and our community not to take this precious democratic freedom for granted, and also provides an excellent opportunity for students to share their passion for reading as well as practice public speaking and presentation skills.

During Steller's Banned Book Read Out at Barnes and Noble, all those that participated publicly read passages from their favorite banned and challenged books in front of a packed house and the watchful eyes of a Channel 11 camera crew. Steller student Emily S. introduced each celebrity reader and they in turn shared the reasons they had chosen their particular banned book:

Chris J. – *The Catcher in the Rye*, by J.D. Salinger; Nathan Myers- *The Illustrated Man* by Ray Bradbury; Leah C. – *Harry Potter* by J.K. Rowling; Harlod Green, Steller Principal – *Their Eyes Were Watching God* by Zora Neale Hurston; Corey P. – *A Separate Peace* by John Knowles; Satchel P. – *The Jungle* by Upton Sinclair; Aryeh L. – *The Amber Spyglass* by Philip Pullman; Jordan F. – *To Kill a Mockingbird* by Harper Lee; Lauren Maxwell, Channel 11 news reporter and parent – *The Color Purple* by Alice Walker; Ken Varea, Steller Teacher – *Huckleberry Finn* by Mark Twain; Meghan C. – *Catch 22* by Joseph Heller; Maryanne B. – *A Farewell to Arms* by Ernest Hemingway; Chandler A. – *The Giver* by

Lowis Lowery; Erin A. – *I Know Why the Caged Bird Sings* by Maya Angelou; Chris B. and Ashton C. – *Fallen Angels* by Walter Dean Myers; Cami H. – *A Light in the Attic* by Shel Silverstein; Dennis A. – *The Lord of the Flies* by William Golding; Alayne Tetor, Steller Teacher – *The Fountainhead* by Ayn Rand; Dawson D. – *Fahrenheit 451* by Ray Bradbury; Stacey T. – *American Gods* by Neil Gaimon; Duckie H. – *Staying Fat for Sara Byrnes* by Chris Cutcher; Tore B. – *The Road* by Cormac McCarthy; Frances B. – "Cinderella" by the brothers Grimm; Gabi R. – *Slaughterhouse Five* by Kurt Vonnegut; Max J. – *1984* by George Orwell; Celeste Earley-S. – *Of Mice and Men* by John Steinbeck; and Olivia A. – *Brave New World* by Aldous Huxley.

The event concluded with both published and original slam poetry performed by Steller students Kaelyn W. and Emily B.

Thank you to Danielle Sjoden, Banned Books and Seminar Teacher, for helping students prepare so adeptly for this event, and another thanks to Barnes and Noble Booksellers for graciously sponsoring our Read-Out. Finally, one more HUGE thank you to everyone that participated and attended, including students, parents and staff. Steller demonstrated to our community once again that its uniquely indomitable and intrepid school spirit is alive, thriving and well. As Alfred Whitney Griswold stated in his Essays on Education,

"Books won't stay banned. In the long run of history, the censor and the inquisitor have always lost. The only sure weapon against bad ideas is better ideas. The source of better ideas is wisdom. And the surest path to wisdom is a liberal education."

Linda Samorajski  
School Counselor and  
School Business Partnership Coordinator

## Counselor's Corner (cont.)

### Steller Secondary Barnes and Noble Book Fair an Entertaining Success!

In addition to the annual Banned Books Read-Out Loud held on Saturday, October 2, 2010, Barnes and Noble also hosted a Book Fair for Steller at their flagship Northern Lights store on the same day.

Many Steller students and staff helped encourage shoppers to mention "Steller," at the check out through sharing their particular talents:

Lorryn W. expertly entertained store shoppers on classical flute. Jonas B. displayed his musical versatility performing music on saxophone, mandolin, and violin.

Next, musical duo Cai D. and Krystal G. performed acoustic guitar and song, demonstrating significant talent with their song set.

Finally, there was even a special appearance by Elvis, our own Dennis A.

Book Fair events concluded with face painting provided by members of the Art Club guided by Steller Art Teacher Alayne Tetor.

Thanks to all our performers and attendees, and to Cayman R. for snapping all those yearbook photos. Lastly, thank you to all the parents, students, and staff for supporting our Steller Book Fair!

Linda Samorajski  
School Counselor and  
School Business Partnership Coordinator

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## Celebrating the Arts

Jacob Holley-Kline



Hi there everyone! If you haven't already heard, the new art teacher, Alayne has started a new club dedicated to the Arts. It is not just painting, sculpture, visual art, etc. but other art forms; such as poetry (spoken word or recitation), music of any kind, video production, and anything involving creative and artistic expression.

The goal of art club is to celebrate and share the student body's artistic talents with the community. With your help, we can get the club off the ground for both your entertainment and ours.

We plan on having a consistent series of art shows that showcase both performance art and visual art in a coffee-house type setting. It will be very relaxed and laid-back, every second Friday of every month from 7-10 pm in the MPR and lounge. Due to scheduling conflicts in October, we will be having our first evening of the arts on Friday, November 12. We're still accepting new members and it's open to all grade levels! Planning meetings are on Tuesdays at 2:10 in the art room. All artistic talents are welcome with open arms. Whether you're an audience member or an active participant, we hope to see you soon!

## Library News

### Attention Readers!

There are 19 new books on the PREVIEW shelf. (wooden shelf left of Karen's desk) Please check one out, and write a one paragraph review telling a summary of the story and if you liked the book.

Steller will get to keep the book for free, and you get to read a brand new book. Talk about a WIN-WIN situation!!! Yes, Anyone, parent or student can do this.

## Overseas Intensive Language Programs

Here is another great opportunity for students for the 2011/2012 National Security Language Initiative for Youth (NSLI-Y) overseas intensive language programs sponsored by the U.S. Department of State.

Merit-based scholarships are available to study overseas for summer, semester and academic year programs in Arabic, Chinese (Mandarin), Hindi, Korean, Persian, Russian and Turkish. In addition, your school, school system and/or local university can apply for a sub-grantee award to organize and implement six- to eight-week overseas intensive language programs to take place during 2011/2012.

Interested students should visit <http://www.nsliforyouth.org>, where they can complete the online application. The deadline is November 11, 2010.

## Concordia!!

From Arabic to Swedish and so much in between! You can register now on line for summer classes at the Concordia Language Villages. Go to: [www.ConcordiaLanguageVillages.org](http://www.ConcordiaLanguageVillages.org) for more information.

## Graduation Date Change

Graduation has changed to  
Wednesday, May 18th.  
3:00 p.m.

Wendy Williamson Auditorium  
3211 Providence Drive  
Anchorage, AK 99508

Providence Drive and Lake Otis

## Change Machine

The student change machine has finally been updated and can now accept the new \$5 bills!!

Parents please remember when sending lunch money with your student that our change machine only accepts ones and fives and that the office does not have any change.

## Senior Portraits

If seniors and their families would like unique, personalized senior portraits, please check Steller alumna Acacia Johnson's website. She offers specials throughout the month of November for senior portraiture.

[www.acaciarosephotography.com](http://www.acaciarosephotography.com)



# Nurse's Notes

## Health Screening



Just a reminder that all 7<sup>th</sup>, 10<sup>th</sup>, and new-to-district students will undergo health screening starting in October. Health screening will include vision, hearing, height, and weight. If there is a concern regarding your student's screening, a referral will be mailed home. If you have any questions or concerns please feel free to contact me @ 742-4963 or

Williams\_wendy@asdk12.org.

- ∞ Encourage family and friends to follow the same guidelines to keep children safe from substance abuse.



## Red Ribbon Week 10/23 – 10/31 2010

Steller Secondary will be celebrating Red Ribbon Week again this year in an effort to educate our students about the dangers of substance abuse and encourage a healthy lifestyle.

Red Ribbon Week is a National Campaign that was initiated after drug traffickers in Mexico murdered DEA Agent Enrique "Kiki" Camarena. I would encourage you to get more information about Red Ribbon Week and talk with your student about substance abuse.

### What you can do:

- ∞ Talk to your children about the dangers of drug abuse.
- ∞ Set clear rules for your children about not using drugs.
- ∞ Set a good example for your children by not using illegal drugs or medicine without a prescription.
- ∞ Monitor your children's behavior and enforce appropriate consequences, so that your rules are respected.

### Tips for parents to prevent prescription drug abuse from The National Family Partnership ([WWW.NFP.ORG](http://WWW.NFP.ORG))

- ∞ If your child is on prescribed medication, monitor the dosages and refills. Set clear rules, such as, not sharing and always following proper dosages.
- ∞ Warn your youngsters that taking prescription or OTC drugs without a doctor's supervision can be just as dangerous and potentially lethal as taking street drugs.
- ∞ Supervise your child's Internet use: many pharmacy sites are not regulated and will sell your child medications without prescriptions.
- ∞ Properly dispose of old, expired or unused medicines in the trash. Hide or mix them with cat litter or coffee grounds before throwing them away in an empty can or bag.
- ∞ DO NOT flush medications down the drain or toilet, unless the label indicates it is safe to do so.

## Nurse's Notes (cont.)

### Cold & Flu Season

The official start of the flu season is the month of October. Although Steller has seen it's fair share of sick students, it will likely get worse before it gets better (our flu season peaks in February and does not decline until April.) School attendance is important, however, a sick student who appears ill should remain home. Please do not send a sick student to school to be examined by the nurse. This may expose others to unnecessary illnesses. \*Parents are notified before students are excused from school for illness. Please make sure your contact number(s) are kept current throughout the year and notify us when your student will be staying with a family friend or family member. Home care information can be found at:

<<http://www.pandemicflu.alaska.gov/pdfs/HomeCareGuide.pdf>>

### What can families, students, and school personnel do to keep from getting sick and spreading the flu?

- ∞ **Cover your mouth and nose.** The main way that the flu spreads is from person to person in the droplets produced by coughs and sneezes, so cover coughs or sneezes with your elbow instead of your hand. If you are wearing short sleeves, use a tissue and wash your hands immediately.
- ∞ **Practice good hand hygiene.** Wash your hands often with soap and water, especially after coughing or sneezing. Hand sanitizers are also effective.

- ∞ **Stay home if you are sick.** Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others. **Sick people should stay at home until at least 24 hours after they no longer have a fever or signs of a fever (without the use of fever-reducing medicine).**
- ∞ **Clean surfaces and items** that are more likely to have frequent hand contact such as desks, door knobs, keyboards, phones, or pens, with cleaning agents that are usually used in these areas.

### Other important illness information:

- ∞ **Aspirin (acetylsalicylic acid) should not be given to children or teenagers;** this can cause a rare but serious illness called Reye's syndrome.
- ∞ **Contact your health care provider** if you have an underlying respiratory illness or severe symptoms occur. Severe symptoms include: dehydration, not eating, listless, delusional, or unable to keep down any food or fluids, high fevers despite fever reducers, you have a high fever with rash, getting sick again after getting better, or with questions/concerns.

More information on Seasonal flu or H1N1 flu can be found at [www.flu.gov](http://www.flu.gov) or [www.cdc.gov/flu](http://www.cdc.gov/flu)

**Nurse Wendy**





## Synthetic Marijuana

Spice, also known as K2, is a plant material similar to marijuana that is laced with synthetic compound chemicals.

Users smoke or mix the product in food or drink to get high.

Synthetic Marijuana is often advertised as incense and is legal to purchase in Alaska.

The product may cause adverse side effects and has sent many teens to the hospital emergency room.



Synthetic marijuana is packaged with many different labels and names.

Synthetic marijuana is made up of dried herbs and spices that are sprayed with synthetic substances that mimic THC, a natural psychoactive ingredient found in marijuana. The synthetic substance can be 3–800 times more potent than THC. Because the product is unregulated, it is legal to purchase and is growing in popularity as an alternative to marijuana. Many times the product packaging lists the substance as herbal incense and sometimes includes information that it is “not for human consumption.”

### *Effect of use*

Hospitals have reported incidents of people, mostly teenagers, with the following symptoms: elevated blood pressure, rapid heart rate, anxiety, intense hallucinations, tremors, seizures, numbness/tingling and vomiting. There have been reported cases where teens have lapsed into comas caused by the use of synthetic marijuana.

The American Association of Poison Control Centers has issued a warning about the dangers of synthetic marijuana products.

### *Signs of use*

Synthetic marijuana users may have the following signs of use:

- Bloodshot/red eyes with normal pupil size
- Rigid muscle tone
- Altered blood pressure or body temperature
- Unstable or unpredictable mood swings
- Incoherent speech or disjointed thought processes

Detecting the substance may be difficult. Blood and urine tests can only detect some of the many synthetic compounds that may be used.

### *Legality*

Although synthetic marijuana is currently legal in most states, including Alaska, authorities warn that it is a potentially dangerous and addictive substance.

Synthetic marijuana is not allowed in any ASD schools per the Students Rights and Responsibilities section of the Student Handbook. Students caught with, or using, the substance will face disciplinary action.

Authorities warn that just because a substance is legal, that doesn't mean it's safe. Anchorage police confirm instances of local teens using the substance.



## DID YOU KNOW?

OVER 3 MILLION U.S. TEENS ABUSE PRESCRIPTION DRUGS.<sup>1</sup>

EVERY DAY, 3,300 MORE CHILDREN BEGIN EXPERIMENTING WITH PRESCRIPTION DRUGS.<sup>2</sup> 70% OF CHILDREN WHO ABUSE PRESCRIPTION DRUGS ADMIT TO

GETTING THEM FROM FAMILY OR FRIENDS.<sup>3</sup>

**NATIONAL  
FAMILY  
PARTNERSHIP**

### Lock Up Your Medicine To Prevent Children's Prescription Drug Abuse

Due to the fact that prescription drugs, when used as prescribed, can improve one's health, many teens believe they are a safe way to get high. View the tips on the next page to keep your child safe from prescription drug abuse.

#### TAKE ACTION

DOWNLOAD AN INVENTORY CARD

KEEP YOUR CHILDREN SAFE BY  
MONITORING YOUR MEDICINE CABINET.

SIGN AN E-PLEDGE

TAKE A STAND.

1. Substance Abuse and Mental Health Services Administration. 2007. National Survey on Drug Use and Health: National Findings.

## Fire Prevention Month

October is Fire Prevention Month. This year's theme is "Heaters Need Space." One of the leading causes of home fires in Alaska is misuse of heating equipment, according to Alaska's Department of Public Safety, Fire & Life Safety Division. Please be aware that heat sources need 36 inches of space from other objects & combustibles.

Also, don't forget to check your smoke and carbon monoxide alarms to make sure they are in working order. Please feel free to contact me with any questions or concerns.

Wendy A. Williams, RN  
School Nurse/504 Coordinator



# SENIOR NEWS

Hello, I'm Dawnmarie Riley, parent of senior student Evan Riley, and I've volunteered to be the senior parent liaison for information you and your senior will want to know this year. It would help if I know who you are and who your student is when you contact me. I can be reached at [riley.dawnmarie@gmail.com](mailto:riley.dawnmarie@gmail.com) or at 337-0154.

Several places in town have been advertising senior pictures with specials through September. Students who had their pictures taken at school recently by Lifetouch may also use those for the yearbook. Nina says there is a packet from Lifetouch or Jostens with information about rings, gowns, etc. and we can send out hardcopies of this as well as other announcements throughout the year. A \$5.00 donation payable to Class of 2011 – Postage would be greatly appreciated to help defray the cost of these mailings.

This first notice includes some highlights of what will be going on, plus ideas students are tossing around as possibilities for the year.

## 1st Quarter

**October** – An evening dinner/pot luck as a work session to create senior pages, which are due Oct 31st. A half page is free. The other half can be purchased and designed by parents and/or students and can include studio pictures. Scanners etc. will be available at this event.

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## 2nd Quarter

Winter Prom planning.

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## 3rd Quarter

**January** – Junior Prom, Grecian theme, hosted by seniors.

The possibility of creating a time capsule to be “planted” somewhere at Steller.

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## 4th Quarter

**March** – Senior Prom, no theme yet, hosted by juniors.

**April** – Seniors run the Steller Activity Night – (May or may not have a carnival theme.) Parents will need to support seniors to set up activities like card making, quilting, or any type of workshop they want to host. We are the hosts of this event!

**April or May** – Senior Breakfast hosted by 10th grade students and parents.

**May** – Graduation! It will be held on May 17th at the Wendy Williamson Auditorium. Families will receive a letter that shows the order of the graduates. There is a three-minute limit, which may be a combination of slide show, speech, etc., but three minutes is the total time allotted per student!

Nina and Gerald are the Senior Class sponsors. They are interested in knowing any questions you might have or information you might need.

# Spring Intensive - 2011



We are forming a trip during the Spring Intensive to the Oregon Shakespeare Festival in Ashland.

Here is what we are planning:

1. We will fly to Medford, Oregon and shuttle to Southern Oregon University where we will stay on the university campus in the conference center and dorms. All meals can be provided at the university site, if we wish. We will be staying on the Southern Oregon University campus during our entire stay.

2. While on campus, we will attend a minimum of 4 one-hour workshops such as Elizabethan Music, Theater Make-up, Stage Combat, and so on (link: <http://www.sou.edu/housing/conference/conferprogs.html> ). Choices to be selected by the student group. This promises to be a lot of fun!

3. At the Festival itself, we can have a backstage tour, pre and post discussions with a cast member, and other goodies. (link: <http://www.orshakes.org/plays/groups/education.aspx> ). We will discuss and choose these, too.

4. Find a map of the theaters here (3 total): [http://www.osfashland.org/\\_down/plays/OSF\\_campus\\_map\\_7-08.pdf](http://www.osfashland.org/_down/plays/OSF_campus_map_7-08.pdf)

(This takes a while to load and may appear to be just a little blob but if you click on it, it all comes up)

5. There are usually about 8 plays to choose from. Schedules for Spring 2011 plays haven't been posted as yet. They will put on their first outdoor musical in the Elizabethan Theater (Pirates of Penzance). "To Kill a Mockingbird and others will be staged. (link: <http://www.osfashland.org/news/releases/article.aspx?id=136> )

Our daily schedule will be decided in the future but we will definitely attend a workshop and a play every day. Final costs will depend on the number of students (min. 15-max. 20), the number of workshops, the number of pre and post play events, any added events that we may choose, and ground transportation. But at this time, a rough estimate would be \$1700. This estimate is figuring in a round trip ticket to Medford, room and board, workshop fees, and the best seats in the house every day!

Come join us! If you are interested in this exciting trip and are high school student interested in drama, theater production, any and all things theater or would just like to be in Oregon on a college campus, near the beach, the Rogue River, etc., come to our meeting on Tuesday, Oct. 19<sup>th</sup> at noon in Jennifer's room to hear more!



## Registration for MyHigh Courses

Registering for a MyHigh course is simple and easy. Simply go to the MyHigh website, then go to **Students** under the menu bar on the left hand side of the page. There you will find links to course offerings and the registration process. The key to successful course registration is to make sure the email address on the Course Request is entered correctly. This allows MyHigh to email the application to the student. <http://www.asdk12.org/schools/MyHigh/pages/index.html>

A new option for online students this year is flexible enrollment. A selection of courses are offered that allow students to begin the course at any time during the semester. These courses are completed in a flexible time frame that is set between the student and teacher.

### Contact Information

Contact information for teachers, proctors and MyHigh support staff are all located on the MyHigh website.

MyHigh can be reached at 742-7590.



## MyHigh Newsletter

Welcome to MyHigh  
Registration  
Online Student Success

## Welcome to MyHigh

MyHigh courses provide options to students and families for scheduling, paced learning, course and curriculum access, and the use of technology as a tool.

Parental involvement has a significant role in the success of online learning for your student. Your assistance and guidance will help your child progress and make the most of online learning. Online coursework allows flexibility in learning, meets the needs of individual learning styles, and fits non-traditional schedules. Parental advisement and support are at the foundation of academic success. The first step in this process is making sure your email and contact information are correct on the MyHigh application form.



## Online Learning for ASD High School Student

MyHigh is an online program providing high school students in the **Anchorage School District** with opportunities to earn credit through online course work.

Online coursework provides flexibility in learning, meets the needs of individual learning styles, and fits non-traditional schedules in ways that are unique. Through MyHigh, students have access to courses that may not be available at their school. Students are provided with high quality online courses that overcome scheduling challenges and meet student needs.

What MyHigh Students Have to Say about MyHigh

MyHigh classes let me work on my class outside of the school day. I can do course work at night, before school, or on weekends.

I was able to take AP courses not offered at my school. I think I was better prepared for college and knew what to expect.

MyHigh allowed me to take a couple of courses online so I could free up time in my schedule to take classes at KCC.

My online teacher was great and I talked or emailed her every day during summer school. That is what helped me pass my class.

## Online Student Success

Students, parents, teachers, and counselors often ask *"What characteristics does a student need to be successful in an online class?"*

Strong reading and writing skills are needed for success in the online learning environment. Online courses are reading intensive; students demonstrate acquired knowledge and communicate with the teacher through writing, making both of these skills essential to online success.

An honest review of the list below provides the opportunity for students to reflect on their own academic skills and determine if an online course is a good learning option. This list is not intended to be a checklist. Students do not need all of the characteristics to be successful. In fact, a student can be successful even if they possess only some of the characteristics. Motivation and interest are important in any learning environment.

Independent Learner, Proficient Reader, Good Communicator, Willing to Ask Questions, Time Management Skills, Understand and Exhibit Netiquette Skills, Basic Computer Skills, and Access to a Computer. Each of these items are covered in greater depth on the MyHigh website.

# 2010 ANCHORAGE College & Career Fair

## PROGRAM OF EVENTS:

Sunday – October 24, 2010

5:00 p.m. – 7:00 p.m.

Workshops – Financial Aid (How to Get Started), Scholarships (How to Find Them), and College Admissions Process. Parents of high school students will find this evening session very beneficial and are strongly urged to attend.



Monday – October 25, 2010

9:00 a.m. – 2:00 p.m.

Fair in session in Tikahtna Ballroom. Participants include local and rural high school students and the general public.

5:00 p.m. – 8:00 p.m.

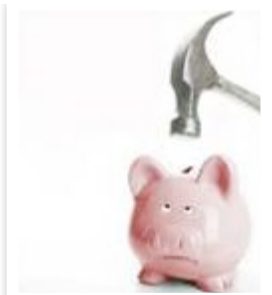
Fair in session in Tikahtna Ballroom. Participants include local and rural high school students and the general public.

Workshops – Financial Aid (How to Get Started); Scholarships (How to Find Them), College Admissions Process. Parents of high school students will find this evening session very beneficial and are strongly urged to attend.

JUNIORS AND SENIORS, IF YOU PLAN ON GOING YOU NEED TO SIGN UP WITH JOHN IN THE OFFICE.

WE WOULD LIKE TO PROVIDE TRANSPORTATION FOR STELLER JUNIORS AND SENIORS WHO WANT TO ATTEND. WE WILL NEED PARENTS TO VOLUNTEER WITH DRIVING.





*Scholarship 101  
AKCIS  
Steller Secondary*

Tuesday, Oct 19th, 7:00 p.m.

in the Computer Lab,

please bring your lab top computer if possible.

Presenter: CJ Allison

[AKCIS, Alaska Advantage Programs](#)

Alaska Commission on Post Secondary Education

Topics of the evening:

\* Scholarship search for Alaska residents using

AKCIS, Alaska Career Information System

\* [Alaska Performance Scholarship](#)

\* Introduction to College / Career search with AKCIS



If you have any questions please feel free to contact John Stahl in the Steller Office, 742-4951, stahl\_john@asdk12.org







# HIGH SCHOOL SENIORS WIN THIS NEW CAR!



SUBARU



## 2011 SUBARU IMPREZA

**No calculus necessary,  
it's as easy as 1-2-3.**

1

**Keep your grades up.**

No D's or F's on your report card.

2

**Stay out of trouble.**

No suspensions on record for the entire year.

3

**Turn in your report card.**

Bring in your latest report card to *Continental Subaru* to enter.

Quarter 1  
November 12

Quarter 2  
January 14

Quarter 3  
April 1

Date of contest drawing,  
April 8, 2011.

**Increase your chances —  
Enter each quarter!**

### Senior Fun Day!

## Winner announced at winning student's Senior Fun Day!

We're looking out for you.

# CONTINENTAL — AUTO GROUP —

4900 Old Seward Hwy • 562.2722

## 2010/2011 Student Car Giveaway

# Rules and Regulations

1. No purchase necessary for entry or to collect the Prize.
2. Prize may not be redeemed for cash.
3. Student must be a graduating senior on date(s) of entry, on Senior Fun Day (or like event), and upon collection of Prize at one of the following Anchorage School District schools:

Bartlett, Chugiak, Dimond, Eagle River, East, Service, South, West, Crossroads, Frontier Charter, Family Partnership Charter, Benson Secondary, SAVE, Polaris, AVAIL, Steller Secondary, Highland Tech or COHO.

Or, student must be a graduating senior on date(s) of entry, on Senior Fun Day (or like event), and upon collection of Prize at one of the following Anchorage private schools:

Anchorage Christian School, Atheneum School, Eagle Crest Academy, Grace Christian School, Heritage Christian School, Holy Rosary Academy, Lumen Christi, Pacific Northern Academy or True Vine Christian School.

4. Student must have valid Alaska driver license on date(s) of entry and collection of Prize.
5. Student must have had no suspensions during senior year until collection of Prize and sign affidavit to that effect.
6. Student must have no D's or F's on any of their first, second, third or fourth quarter report cards during the school year and must be able to demonstrate this on date(s) of entry.
7. Each entry must be complete, including signature stating that student has read, understood and agreed to abide by these Rules and Regulations. Failure to abide by the Rules and Regulations will result in cancellation of the entry.
8. Quarter one report card is due to Continental Subaru by November 12, 2010, 8 p.m. Quarter two report card is due to Continental Subaru by January 14, 2011, 8 p.m. Quarter three report card is due to Continental Subaru by April 1, 2011, 8 p.m. All report cards received after above-stated dates will be considered ineligible. Winner will be drawn April 8, 2011.
9. Prior to the first Senior Fun Day (or like event), one name will be randomly selected from all entries. Four remaining names will be drawn from the same school as the first selected entry, resulting in five entries from the same school. The final drawing will be made at the winning school's Senior Fun Day (or like event). If for some reason there are not at least five eligible students from the winning school, all eligible students from that school will be selected for the final random drawing.
10. The student entries drawn to win the Prize will be announced at their Senior Fun Day (or like event) and must be present and identified to win. If not present and identified, alternate names in the order drawn will be announced until a winner is selected.
11. The winner is the last graduating senior whose name is drawn, who is present and identified at the Senior Fun Day (or like event), who has fulfilled all requirements to collect the Prize and who is not disqualified.
12. Prior to collection of the Prize, the fourth quarter report card must be presented and an affidavit must be signed by the student stating that he or she is in good disciplinary standing with the Anchorage School District, with no suspensions on record for the entire school year. The affidavit will also include a liability waiver.
13. All decisions made by Continental Auto Group are final.

Keep For Your Records



2010/2011 Student Car Giveaway

# Entry Form

**NAME:**  **PHONE:**

**ADDRESS:**

**CITY:**  **STATE:**  **ZIP:**

**EMAIL:**

**SCHOOL:**

**SIGNATURE:**

**INCREASE YOUR CHANCES  
—ENTER EACH QUARTER!**

Quarter 1  
November 12

Quarter 2  
January 14

Quarter 3  
April 1



Drop off entry form and report card to Continental Subaru.  
Signature stating student has read, understood and agreed to abide by the above  
Rules and Regulations. Only one entry per student per quarter. No cash value.  
Date of contest drawing, April 8, 2011.

We're looking out for you.

**CONTINENTAL**  
— AUTO GROUP —

4900 Old Seward Hwy • 562.2722

## Mark Your Calendar

### Fri Oct 15, 2010

End of First Quarter  
In-Service Day - No School

### Mon Oct 18, 2010

Begin Second Quarter

### Tue Oct 19, 2010

7pm - 9:30pm College Night - Library

### Wed Oct 20, 2010

11:45am - Teacher Lunch - Gerald's & Svetlana's -  
Staff Lounge

### Thu Oct 21, 2010

6pm - 7:30pm Parent Group Meeting - Ken's Room  
7pm - 8:30pm Ad Board Meeting - Danielle's Room

### Fri Oct 22, 2010

11:30am - 12:30pm Picture Retakes - MPR  
7pm - 11pm October Dance - MPR

### Wed Oct 27, 2010 - Thu Oct 28, 2010

Parent Teacher Conferences - Teacher Rooms

### Fri Oct 29, 2010

In-Service Day - No School

### Tue Nov 9, 2010

Midquarter Reports

### Wed Nov 10, 2010

6pm - 7:30pm Parent Group Meeting - Ken's Room

### Wed Nov 17, 2010

11:45am - Teacher Lunch - Alayne's & Jennifer's -  
Staff Lounge

### Thu Nov 18, 2010

6:30pm - 8:30pm All-Community Meeting  
7pm - 8:30pm Ad Board Meeting - Danielle's Room

### Fri Nov 19, 2010

7pm - 11pm November Dance

### Thu Nov 25, 2010 - Fri Nov 26

Thanksgiving Break - No School



STELLER SECONDARY SCHOOL  
2508 BLUEBERRY STREET  
ANCHORAGE, AK 99503

