



ABOUT CAMP KUSHTAKA

Nestled among the spruce forests along Kenai Lake in Cooper Landing, Camp Kushtaka provides the perfect environment for youth to explore the natural world around them, engage in challenging activities and form friendships that can last a lifetime. With the supportive guidance of camp counselors, campers build their own unique community in which each member can experience a sense of belonging, connectedness, safety, acceptance and appreciation

Presented By



Asthma and Allergy
Foundation of America®
ALASKA CHAPTER



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PENINSULA PUFFERS ASTHMA CAMP

A Camp for Kids with Asthma



“in the woods with wheezers”

June 27 to July 2, 2010
Sunday—Friday

Camp Kushtaka
Cooper Landing, AK

WHO:

Boys and Girls ages 8 to 14 with asthma. Asthmatic children with food allergies are also welcome. Preference will be given to children who take daily medication for asthma. Space is limited to 30 children

WHEN:

Sunday June 27 to Friday July 2, 2010

Deadline to apply: June 15.

WHERE:

**Camp Fire USA Camp Kushtaka
In beautiful Cooper Landing.**

**Bus transportation provided from
Central Peninsula Hospital and
Camp Fire USA Anchorage**

MEDICAL

SUPERVISION:

The Camp Medical Director is Board Certified Pediatrician Jodi Butto. The volunteer medical team of physicians, nurses and respiratory therapists are available 24 hours a day to attend to routine and emergency medical health needs.

COST:

\$125.00 per child.

Scholarships are available

TO APPLY:

Apply online at:

<https://www.aafaalaska.com/camp-registration.php>

Applications may also be printed and faxed to (907)696-4810.

For Additional Information:

Please Contact Dale Knutsen at AAFA Alaska.

(907)349-0637

aafaalaska@gci.net



**** All completed camp paperwork must be reviewed and approved by the Medical Director prior to camp.**

**** Camp Health Forms must be signed by your health care provider**

ACTIVITIES:

- ◆ **Swimming**
- ◆ **Boating**
- ◆ **Arts & Crafts**
- ◆ **Archery**
- ◆ **Nature Awareness**
- ◆ **Games**

Campers will also participate in a float trip with the Alaska Rivers Company

ASTHMA EDUCATION

Each day, campers will participate in asthma education led by the volunteer medical team as well as trained educators from Central Peninsula Hospital.

The curriculum will include components from the AAFA Power Breathing Program and the AAFA ACT Program. Topics will include:

- ◆ **Asthma Pathophysiology**
- ◆ **Asthma Tools**
- ◆ **Asthma Myths and Facts**
- ◆ **Medication Awareness**
- ◆ **Social Issues of Being a Kid with Asthma**